

OUR ACTIVITIES

- Patient sharing sessions in both large and small groups.
- The Befriender Programme which introduces newly diagnosed patients to cancer survivors.
- Educational talks, forums and symposiums.
- Caregiver support sessions led by medical social workers.
- "NCIS Celebrates Life!" end-of-year party to look forward to a new year ahead.



About NCIS

The National University Cancer Institute, Singapore (NCIS) aims to be a leading, comprehensive centre dedicated to the prevention, management and cure of cancer. With our patients being the focus of all our programmes, NCIS strives to deliver only the best.

Besides providing outstanding patient care, NCIS believes that providing encouragement and support in the fight against cancer goes a long way.

Support Groups at NCIS includes:

- Acute Leukaemia Warriors Support Group
- Breast Support Group
- Colorectal Cancer Support Group
- Gastric Cancer Support Group
- Gynaecologic Oncology Patient Support Group
- Haematopoietic Progenitor Cell Transplant (HPCT) Support Group
- Lymphoma Support Group
- Myelodysplastic Syndrome (MDS) Support Group
- Multiple Myeloma (MM) Support Group
- NPC oneHeart Support Group
- Sarcoma Support Group

WE WILL WALK WITH YOU...

CONNECT WITH US

Contact Us

Acute Leukaemia Warriors Support Group
Tel: (65) 9722 0569 Email: CancerLineNurse@nuhs.edu.sg

Haematopoietic Progenitor Cell Transplant (HPCT) Support Group
Tel: (65) 9722 0569 Email: CancerLineNurse@nuhs.edu.sg

Lymphoma Support Group
Tel: (65) 9722 0569 Email: CancerLineNurse@nuhs.edu.sg

Myelodysplastic Syndrome (MDS) Support Group
Tel: (65) 9722 0569 Email: CancerLineNurse@nuhs.edu.sg

Multiple Myeloma (MM) Support Group
Tel: (65) 9722 0569 Email: sgmyeloma@gmail.com

For more information on our support groups, visit www.ncis.com.sg.

 **National University
Cancer Institute, Singapore**
A member of the NUHS

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HAEMATOLOGICAL

Support Groups



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OUR MISSION

WHAT WE HAVE TO OFFER

At the National University Cancer Institute, Singapore (NCIS), there are a total of five support groups for blood cancer patients, survivors and their caregivers.

Acute Leukaemia Warriors Support Group

Established in 2015, the Acute Leukaemia Warriors Support Group is organised by a multi-disciplinary team at the NCIS. It comprises of young adult patients and survivors who have been afflicted by Acute Leukaemia. Caregivers are also welcome to join.

Haematopoietic Progenitor Cell Transplant (HPCT) Support Group

Established since 2009, the Haematopoietic Progenitor Cell Transplant (HPCT) Support Group is organised by the multidisciplinary HPCT team at NCIS. It comprises of survivors, patients, primary caregivers and healthcare professionals. It is open to anyone affected by malignant haematological conditions (blood cancer).



Haematopoietic Progenitor Cell Transplant (HPCT) Support Group

Lymphoma Support Group

The Lymphoma Support Group was set up in September 2014 by the multi-disciplinary lymphoma team at the NCIS as a support group for patients with lymphoma and their caregivers. Comprising of patients, survivors, family members and caregivers, this group is open to all patients with lymphoma, regardless of the hospital they are treated at.

Multiple Myeloma (MM) Support Group

The Multiple Myeloma Support Group was established in 2011 to reach out to MM patients as well as their caregivers. This group is open to all MM patients, regardless of which hospital they are from.

Myelodysplastic Syndrome (MDS) Support Group

As one of the newest support groups to be established, MDS Support Group was initiated to reach out and support the needs of MDS patients and their caregivers.

Our support groups aim to help blood cancer patients, as well as their family members and their caregivers cope with the social and emotional changes during their cancer journey.

We also hope to provide a supportive and encouraging platform for members to interact, share personal experiences and offer one another emotional comfort and moral support.

We believe these support groups will be a valuable resource in helping patients and their caregivers cope with the challenges they face in dealing with their illness.



Multiple Myeloma Support Group

- Comfort and support to patients and caregivers.
- New friendships with fellow patients, survivors and caregivers who have undergone a similar journey.
- In-depth and continued encouragement, support and advice from fellow members.
- Platform to communicate with healthcare professionals.
- Regular sharing sessions and activities.

