

EVERY
PERSON
MATTERS
LEND A
HELPING
HAND



THE NATIONAL UNIVERSITY CANCER INSTITUTE, SINGAPORE (NCIS) CANCER FUND, A SUB-FUND UNDER NUHS FUND, PROVIDES FUNDS IN THREE AREAS – FINANCIAL ASSISTANCE FOR FINANCIALLY DISADVANTAGED CANCER PATIENTS, CANCER RESEARCH, AND THE EDUCATION AND TRAINING OF HEALTHCARE PROFESSIONALS.

NUHS Fund Limited is a Company Limited by Guarantee (CLG) and a registered charity with IPC status. The charity was set up to promote medical research and development as well as provide health related services for the benefit of the Singapore Community. Your compassion to support patients, especially those assessed to be in financial need, will make a difference in their journey back to better health.

© This report is intended for donors. Please contact the National University Cancer Institute, Singapore at +65 6772 7884 or email ncis@nuhs.edu.sg should you wish to share this report with others.



HELPING CANCER PATIENTS

Every year, about 60 applications are provided with financial assistance by the **NCIS Cancer Fund**.

This fund makes it possible for NCIS to assist less fortunate cancer patients with critical cancer treatments. This support can vary from initiation of treatment to ensuring continuity in their treatment and medical follow-ups.

Many NCIS patients expressed their gratitude for having benefitted directly from the fund.

“My journey with cancer during these times has been quite difficult mentally and financially. However, the NUH Social Services has helped me and my family not to fall into debts by applying for the NCIS Cancer Fund for the scans and follow-up treatments and consultations. It has taken this burden off our shoulders. Thanks so much for helping us”

Mr Joshua R, age 51, diagnosed with metastatic urothelial cancer.

“I am grateful to NCIS Cancer Fund for assisting with my treatment expenses. I am a PR with three school-going children so I do not have much options to seek financial help. Thank you for reducing my financial burden. I hope that you can help more people who are financially needy.”

Mr Lee BC, age 49, diagnosed with metastatic hepatocellular carcinoma.

“Thank you NCIS Cancer Fund for helping me for my treatment even when I was a foreigner and now when I am a PR. If not, I cannot do treatment to be fit enough for transplant. Please donate to cancer fund because they have helped me a lot and will help other patients like myself.”

Ms Tania, age 36, diagnosed with acute lymphoblastic leukemia.

Join us in the fight against cancer and provide for those less fortunate.

To find out more about the NCIS Cancer Fund, please visit:
<https://www.ncis.com.sg/Give-a-Gift/Pages/NCIS-Cancer-Fund.aspx>

FUNDING AT A GLANCE

48

Patients assisted by the NCIS Cancer Fund in the past year

61

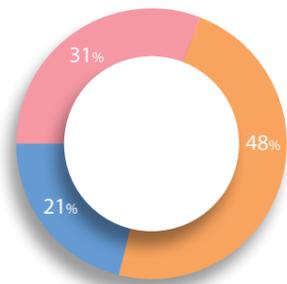
Applications approved over the past 12 months

11

Patients had more than one application approved

CITIZENSHIP

(by application data)

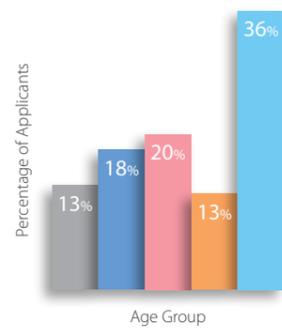


- Singapore Citizens
- Permanent Residents
- Resident Foreigners

Support is given to Singaporeans and Permanent Residents for costs not supported by other assistance schemes. The fund also supports Resident Foreigners who have spent a "reasonable" time in Singapore and are part of our Singapore community.

AGE GROUP

(by dollar amount supported)

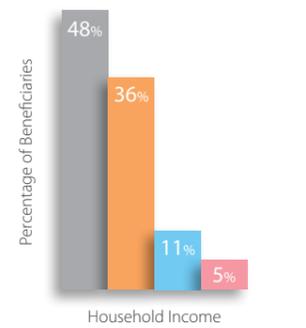


- 29 and below
- 30 - 44
- 45 - 54
- 55 - 64
- > 65

The largest segment (aged 65 and above) reflects the prevalence of chronic diseases in an ageing population.

PER CAPITA INCOME

(by application data)



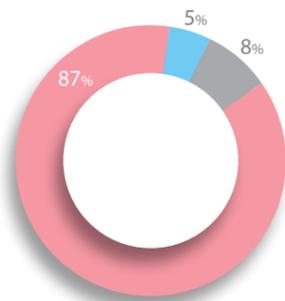
- \$560 and below
- \$561 - \$1,120
- \$1,121 - \$1,999
- > \$2,000

Funding amount is decided based on financial assessment by Medical Social Workers.

84% of our beneficiaries belong to the lowest 20% of our community by Household Income (Dept of Statistics), Year 2021.

SUPPORT CATEGORY

(by dollar amount supported)



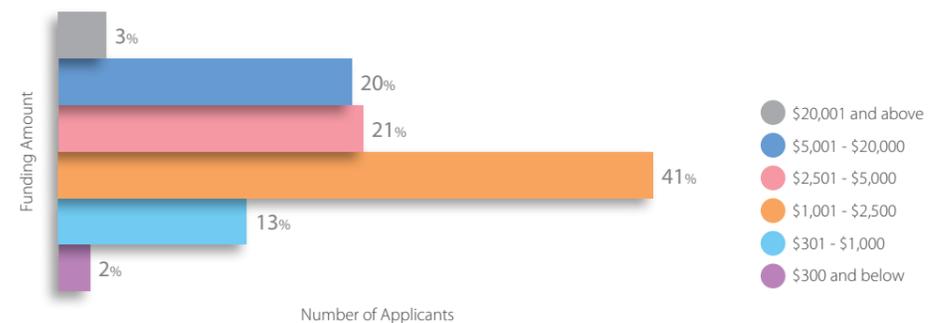
- Medical Treatment
- Medication & Consumables
- Surgery & Cost of Implant

Funding is provided to support treatment costs not funded by existing assistance schemes.

Funding support provided to cancer patients are mainly for PET scans. This helps physicians detect cancer, evaluate the extent of disease, select the most appropriate treatments, determine if the therapy is working and detect any recurrent tumours.

FUNDING AMOUNT

(by application data)



Funding support provided is crucial to our beneficiaries as their medical expenses exceed their Per Capita Income.

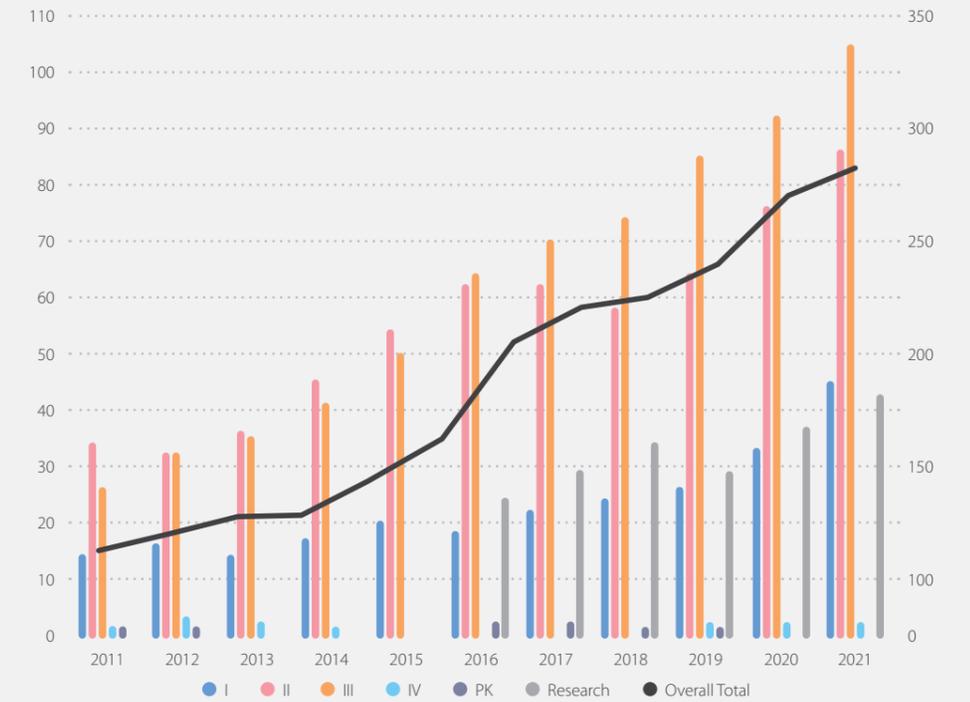
In order to help as many patients as funds allow, the cap for financial assistance is currently set at \$20,000.

RESEARCH @ NCIS

281

active clinical trials

Focus on early Phase I trials and Immunotherapy trials



200

Targeted clinical trials per year

87

Collaborations with industry partners since 2010*

89

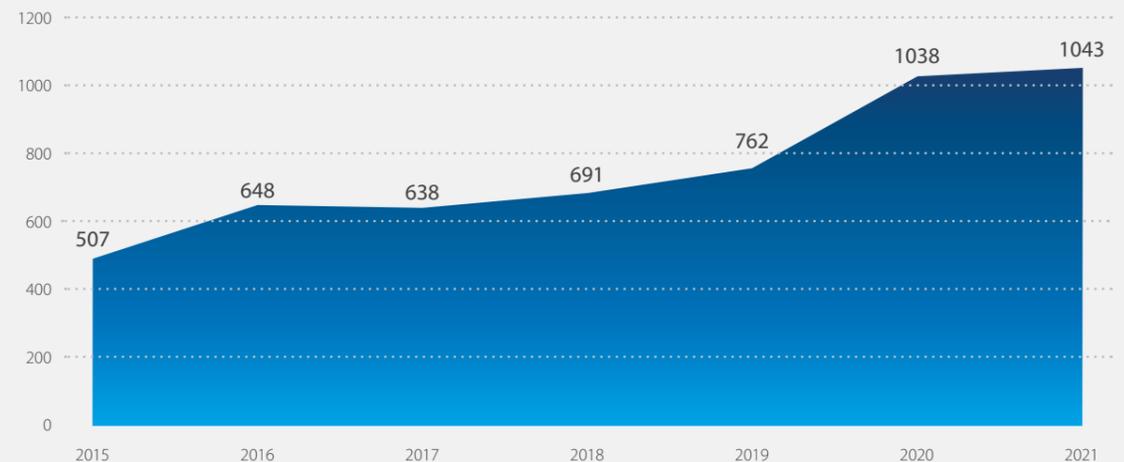
Early Phase I Trials since 2010*

110

Immunotherapy trials since 2014*

* Cumulative total

NCIS RESEARCH PUBLICATION



Find out more at:

<https://www.ncis.com.sg/Research-and-Education/Pages/Research-Publications-Highlights.aspx>

ENGAGEMENT

NCIS CELEBRATES LIFE 2022 – CELEBRATING EACH OTHER

Community support and encouragement is essential to the well-being of our cancer survivors. As part of our efforts in fulfilling the emotional and psychological needs of cancer survivors at NCIS, our annual event, NCIS Celebrates Life was held on 15 January 2022.

During the virtual event, cancer patients, survivors and caregivers from all walks of life were invited to come together to celebrate life after cancer and to reinvigorate hope. This year, the theme was “Celebrating Each Other”, to symbolise the harmonious community developed by survivors and caregivers who appreciate, value and understand each other.

The programme was specially created by our cancer survivors for survivors. It included a sharing session by survivor and NCIS patient, Ms Cara Chew. Ms Chew shared the obstacles she faced during treatment such as coping with hair loss. During treatment, she encountered the



Lymphoma Support Group who provided her with support and encouragement. Realising how important it was to celebrate survivors and their stories, Ms Chew launched a podcast titled “Chilling with Chern and Cara”. The podcast showcases experiences of other cancer survivors as she believes that the stories of every survivor matters. Her positive mindset and her confidence motivated and inspired survivors.

Survivors engaged in a stress-relieving session of Laughing Yoga led by Ms Chrissie Tan, our resident Yin Yoga instructor and Lymphoma survivor. Combining gentle breathing techniques and positive energy induced by laughing, our survivors were able to relax their minds instantly.

Our survivors were also treated to an entertaining digital magic show by TK Jiang, a multi-award-winning international digital illusionist.

The team also collaborated with partners like Singapore Cancer Society and 365 Cancer Prevention Society to organise about 25 health talks for the community, students and cancer patients.

One of the highlight for 2021 was the Breast Cancer Awareness Month, NCIS launched the campaign with a Pink Plank Challenge. Special guests Ms Rahayu Mahzam, Parliamentary Secretary, Ministry of Communications and Information & Ministry of Health, Ms Tin Pei Ling, MP for Macpherson SMC and Ms Kelly Latimer, Sports & Lifestyle TV host and Presenter graced the launch event. They strongly urge women to take care of their health and to go for regular screening. More than 150 participants joined the event on-site and virtually.

For the first time, to encourage more women to go for their mammogram screening, NCIS provided an additional \$10 on top of prevailing subsidies for women aged 50 years and above who are doing their mammogram screening for the first time. This exercise benefitted 356 women. Other month-long activities include yoga exercises, pink plank challenge activity, F&B collaborations and social media campaigns.

Recognising the importance of caring for our ageing population, the 2nd Singapore Geriatric Cancer Symposium was organised with the aim to educate our healthcare professionals on how best to provide personalised and holistic care for elderly cancer

patients. Close to 300 doctors, nurses and allied healthcare staff attended the event and this includes participants from Brunei, Cambodia, Malaysia, Vietnam and Philippines.

In conjunction with the scientific programme, an inaugural Singapore Geriatric Cancer Public Symposium was launched, targeting caregivers and the general public with more information on cancer care for the older population. This programme was attended by 348 participants on Zoom and live-streamed on NCIS and Ng Teng Fong General Hospital's Facebook page.

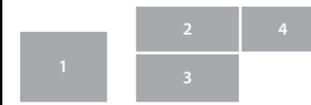
Reaching out to primary care physicians is also one of the team's effort to educate and ensure continuum care to cancer patients in the community. Three GP CMEs were organised to provide our primary care physicians with information on updated cancer treatments, cancer trends, understanding the importance of screening and its implications, common drugs used in supportive and palliative care. More than 500 general practitioners and family physicians attended the event with the majority finding the CMEs interesting and beneficial.

Moving forward, the team will continue its efforts in advocating the importance of regular cancer screening and exercise to as many people in the community as possible because early detection saves lives!

REACHING OUT TO THE COMMUNITY

With the ongoing pandemic, large outdoor activities were not permitted then. However, this did not deter the Public Education team from continuing their efforts to reach out to the community virtually. During the year, the team conducted over 30 cancer awareness activities aiming to raise cancer awareness, encourage screening as well as advocate regular exercise.

NCIS organised more than 10 cancer awareness talks covering various topics such as cancer prevention and myths, head and neck, skin, breast, lung cancers and information on clinical trials. In some of these health talks, cancer survivors were invited to share their experience and to give encouragement and hope to other cancer patients battling their disease. Not only were these event organised via Zoom, it was also live-streamed on NCIS and our partner's Facebook pages. As a result, the reach for these events increased to more than 10,000 attendees compared to previous years.



1. Participants at the Breast Cancer Pink Plank Challenge
2. Singapore Geriatric Cancer Symposium - public webinar
3. Breast Cancer Malay - public webinar
4. Singapore Geriatric Cancer Symposium - scientific programme



Your Help Empowers.

Every year, the NCIS Cancer Fund provides financial assistance to about 60 financially disadvantaged cancer patients. Your generous gift will also help us develop better methods to diagnose and treat the disease, improving the survival rates of cancer patients.

For further enquiries on the NCIS Cancer Fund, please call +65 6772 7884 or email ncis@nuhs.edu.sg.



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