EVERY PERSON MATTERS LEND A HELPING HAND

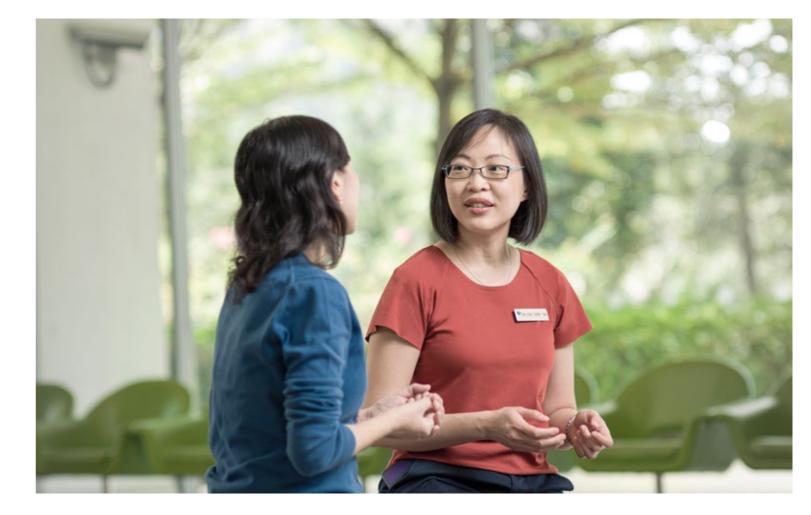




THE NATIONAL UNIVERSITY
CANCER INSTITUTE.
SINGAPORE (NCIS) CANCER
FUND UNDER NUHS FUND
LIMITED PROVIDES FUNDS IN
THREE AREAS – FINANCIAL
ASSISTANCE FOR FINANCIALLY
DISADVANTAGED CANCER
PATIENTS. CANCER RESEARCH.
AND THE EDUCATION AND
TRAINING OF HEALTHCARE
PROFESSIONALS.

NUHS Fund Limited is a Company Limited by Guarantee (CLG) and a registered charity with IPC status. The charity was set up to promote medica research and development as well as provide health related services for the benefit of the Singapore Community. Your compassion to support patients, especially those assessed to be in financial need, will make a difference in their journey back to better health.

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HELPING CANCER PATIENTS

Every year, more than 100 applications are provided with financial assistance by the NCIS Cancer Fund.

This fund makes it possible for NCIS to assist less fortunate cancer patients with critical cancer treatments. This support can vary from initiation of treatment to ensuring continuity in their treatment and medical follow-ups.

Here are some of the many thankful NCIS patients who have benefitted directly from the fund:

"We are deeply grateful for the financial support given by the NCIS Cancer Fund. Having two family members diagnosed with 4th stage cancer is really never an easy path. The financial support rendered in this time of difficulties have made a huge difference in our lives. Words are definitely not enough to express how much we appreciate your help through this period. Thanks again for your kind support and funding."

Ming Hui, caregiver and spokesperson for Mdm Koh BL, age 59, diagnosed with uterine sarcoma and Mdm Koh BH, age 56, diagnosed with metastatic breast cancer.

"Thank you for your kind financial support. I am unable to work due to cancer and I have no family members to help me. I thought I could not go for treatment because I could not afford it. Thank you for helping me live."

Mr Woon KS, age 65, diagnosed with metastatic lung cancer.

Join us in the fight against cancer and to provide for those less fortunate.

To find out more about the NCIS Cancer Fund, please visit: https://www.ncis.com.sg/Give-a-Gift/Pages/NCIS-Cancer-Fund.aspx

FUNDING AT A GLANCE

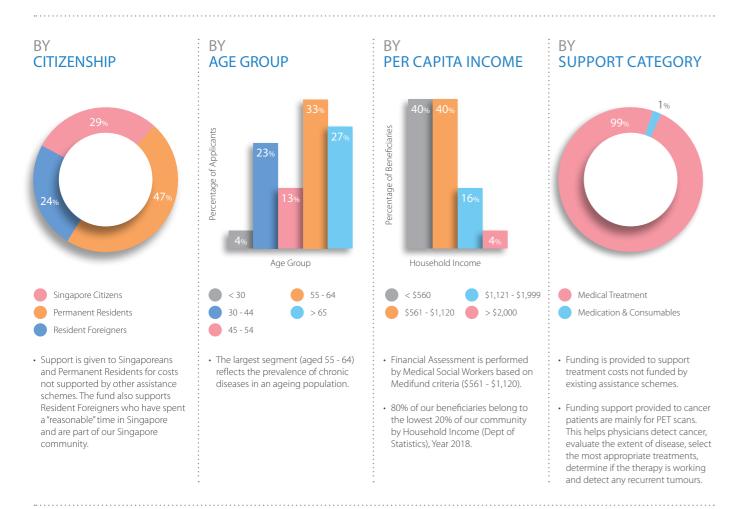
45
Patients assisted by the N

Patients assisted by the NCIS Cancer Fund in the past year 55

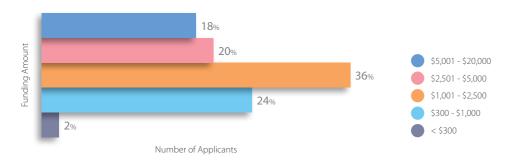
Applications approved over the past 12 months

9%

of patients had more than one application approved



BY FUNDING AMOUNT

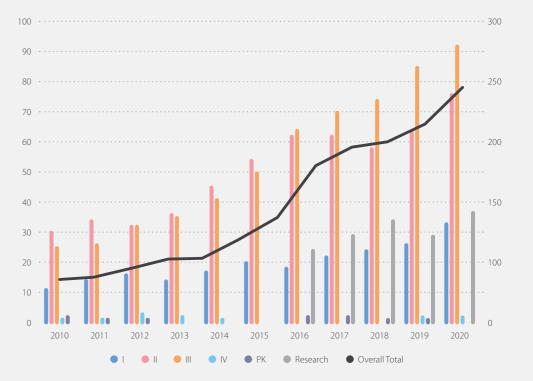


- Funding support provided is crucial to our beneficiaries as their medical expenses exceed their Per Capita Income.
- In order to help as many patients as funds allow, the cap for financial assistance is currently set at \$20,000.
- Majority of the report is based on dollar amount supported, unless otherwise stated.

RESEARCH @ NCIS

241 active clinical trials

Focus on early
Phase I trials and
Immunotherapy trials



200

Targeted clinical trials per year. 80

Collaborations with industry partners since 2010*

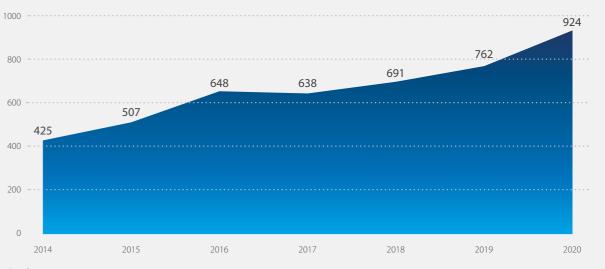
76

Early Phase I Trials since 2010* 87

nmunotherapy rials since 2014*

* Cumulative tota

NCIS RESEARCH PUBLICATION



Find out more at:

https://www.ncis.com.sg/Research-and-Education/Pages/Research-Publications-Highlights.aspx

FNGAGFMENT

NCIS CELEBRATES LIFE 2021 – UNITED IN HOPE

2020 has been a challenging year for all. It is exceptionally important that we focus on taking care of the well-being of our cancer survivors as we move into 2021. As part of our efforts in fulfilling the emotional and psychological needs of cancer survivors at NCIS, our annual event, NCIS Celebrates Life was held on 23 January 2021.

For the first time since its conceptualisation, the event was conducted virtually through a Zoom Webinar platform. During the virtual event, cancer patients, survivors and caregivers from all walks of life were invited to come together to celebrate life after cancer and to reinvigorate hope. This year, the theme was "United in Hope", to symbolise our survivors' and caregivers' community spirit and togetherness in overcoming the cancer journey through collective courage and strength.

The programme was specially created by our cancer survivors for survivors. It included a sharing session by survivor and NCIS patient, Mr Hilman Basri. Mr Hilman shared the obstacles and challenges faced during treatment and how he overcame them. His positive mindset and a passion to live life to the fullest and chase after his dreams despite his cancer diagnosis motivated and inspired the participants. We also showcased our patient support groups and had a sharing from the OneHeart Support Group lead.

During the event, Mr Mohamed Shariff, a cancer survivor and chef with 40 years of experience and NUH Dietitian, Ms Lynn Teong shared nutritional tips while showing our viewers a healthy and delicious recipe of chicken paillard and oregano pesto penne paired with a mixed salad of cherry tomatos and grapes.

As most cancer survivors experience changes in their everyday life such as pain, fatigue, numbness and difficulty in performing basic daily activities, the segment on cancer rehabilitation showed how it can help survivors address these problems and improve their quality of life. Associate Consultant in NUH Rehabilitation Medicine, Dr Jong Sze Chin, Advanced Practice Nurse in NCIS Oncology Nursing, Miss Carol Ho and cancer survivor, Mdm Chua Bong Chee discussed the benefits of cancer rehabilitation and our partnerships with the community in cancer rehabilitation. In addition, NUH Physiotherapist, Ms Danae Chiong shared the benefits of staying active during and after treatment by providing our participants with exercise tips that can be incorporated into their daily routine.



A virtual NCIS Celebrates Life 2021 held on 23 January 2021



Cancer survivor and chef Mr Mohamed Shariff (left) and NUH dietitian Ms Lynn Teong shared nutritional tips and a recipe



Cancer rehabilitation can help survivors address difficulties and improve their quality of life

REACHING OUT TO THE COMMUNITY

The pandemic has changed our way of life. Due to Covid-19 restrictions, the Public Education team has had to halt all physical outreach activities. Instead they were carried out through virtual platforms so that NCIS can continue to reach out to the community to spread the message on the importance of cancer screening and prevention.

Since July 2020, a total of three public symposiums were organised via a virtual setting, and through these, we were also able to reach out to a greater number of younger audiences aged between 20 to 39 years old on cancer awareness.

Some of the encouraging feedback received from our participants include:

Thank you very much for organising this forum. It was very meaningful and a very good platform for sharing and learning. Love the online versior as it is more convenient for me to join the forum.

It will be good to have more Virtual Public Forums for other cancerrelated topics, so that the public can attend and learn more.

A morning well spent.
It was interesting that it was done in Tamil as it can benefit more people, especially the elderly, who may have difficulty understanding English.



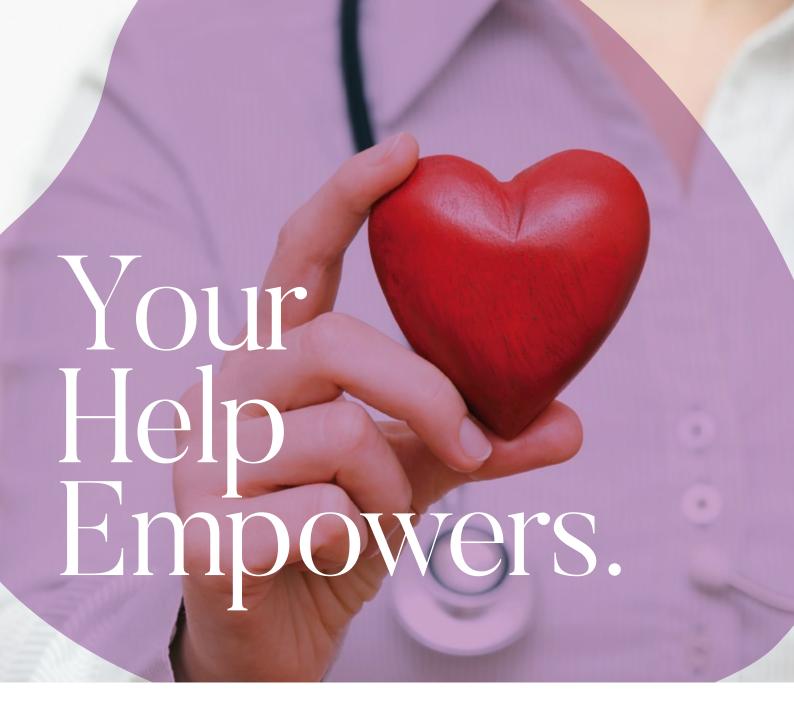
Breast Cancer Awareness Public Symposium (Chinese)



Dr Joline Lim speaking during the Breast Cancer Awareness Public Symposium



Head & Neck Cancer Awareness Virtual Public Forum From top: Dr Tan Teng Hwee, Eunice Yong, Anna Cheng (Caregiver) 2nd Row: Lim Kah Bin (Cancer Survivor), Dr Timothy Cheo, Dr Joshua Tay 3nd Row: Dr Chong Wanqing, Dave Cheow (Cancer Survivor), Jo-Ann Siu 4th Row: Huang Shuting, Janet Ling



Every year, the NCIS Cancer Fund provides financial assistance to more than 50 financially disadvantaged cancer patients. Your generous gift will also help us develop better methods to diagnose and treat the disease, improving the survival rates of cancer patients.

For further enquiries on the NCIS Cancer Fund, please call (65) 6773 7888 or email ncis@nuhs.edu.sg.



Make a Donation

www.giving.sg/nuhs-fund-limited/nciscancerfund

