

KEEPING HER IN THE PICTURE

Breast cancer is the number 1 cancer affecting women in Singapore. Regular mammogram screening plays a vital role in detecting breast cancer early and can save lives.

Go for regular screening and remind your loved ones to do so. Together, let's make breast health a priority!



FIT & FAB WITH NCIS

Gear up in pink and join us at our free workout session to dance, stretch, kick, and punch our way to a healthier lifestyle together!

Date: 20 October 2023 (Friday)
Time: 8.00pm to 9.00pm
Location: The Frontier Plaza (beside The Frontier CC)
60 Jurong West Central 3, Singapore 648346

Instructor:



Angela Wong is a certified Group Fitness Leader Instructor and a certified Personal Trainer with over 7 years of coaching experience!

REGISTER NOW! OPEN TO ALL!



Limited slots available, do register early! Scan the QR code or leave a message with your name and contact at 8922 4932

Visit www.ncis.com.sg/BCAM2023 for a line-up of our Breast Cancer Awareness Month Activities.

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